

MICAH RIEZL P. GONZALES

Blk 4 Lot 26 Manager's Drive
Executive 1, Camella Springville
Molino, Bacoor
micahriezlgonzales@gmail.com
(0926) 8745534 / (046) 9708421



EDUCATIONAL BACKGROUND

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|-------------|---|---|-----------|
| 2012 – 2015 |  | De La Salle University-Dasmariñas
Dasmariñas, Cavite
Bachelor of Arts in Psychology | Tertiary |
| 2008 – 2012 |  | Saint Francis Institute Learning and Business High School Inc.
Area A, Queen's Row, Cavite | Secondary |

TRAINING AND SEMINARS

- September 15-20, 2015 “7th Incubation of Development Project Creators (IDPC) Field Program”
Cabiao, Nueva Ecija
*Learned about Community Development, International Relations, and Intercultural Studies through rural community immersion and Philippine-Japanese delegates joint research
- August 14 – 16, 2015 “THE GAME CHANGERS”: A Youth Training Against Human Trafficking
Tagaytay Highlands, Tagaytay
*Learned about the United Nations Convention on the Rights of the Child, Anti-Human Trafficking laws, Human Trafficking situationer in the Philippines, and jumpstartingadvocacy-based campaigns
- May 27 – 31, 2015 “INSPIRE”: 2nd National Youth Leadership Summit
Tanay Adventure Camp, Tanay, Rizal
*Learned about the Bangsamoro Framework and its core essence of initiating peace and unity amidst varying religions
- May 4 – 27, 2015 “Bantay.ph”
San Sebastian College, Manila
*Volunteered to be a youth inspector of Local Government Units' City Halls for possible red tapeincidents
- April 26 – 29, 2015 “MULTIPLY”: ELEVATE Alabang Leaders' Camp 2015
Rizal Recreation Center, Laguna
*Learned about in-depth Biblical doctrines and application for student leaders

- March 6, 2015 AIESEC: “Philippines Youth to Business Forum”
Skydome, Manila
*Learned the essence of practicing social responsibility in corporate field of work
- March 6, 2015 AIESEC: “Philippines Youth to Government Forum”
500 Shaw Events Pavilion, Mandaluyong City
*Learned the essence of being socially responsible through considering to work in the government young
- February 7, 2015 The 4th NUSP Student Leaders Training and Workshop:
“The 2015 PALIHAN”
University of the Philippines-Diliman, Manila
*Learned about social realities from the left of center political ideologists
- November 28, 2014 5th Annual CALABARZON Research Colloquium in Psychology:
“New Psychologies in CALABARZON”
Severino de las Alas Hall Alumni Auditorium, De La Salle University-Dasmariñas, Cavite
*Presented our undergraduate thesis entitled “*Intervention of Threat and Surveillance on Obedience among Preschool Children*”
- November 20–22, 2014 “Pinoy Values: Mula sa Pagpapakatao Tungo sa Pakikipagkapwa-Tao”
De La Salle University, Manila
*Learned *Sikolohiyang Pilipino*-based researches
- September 26 – October 1, 2014 “iTeach: Math Enrichment Program”
Julian Felipe Hall Classrooms, De La Salle University-Dasmariñas, Cavite
*Project headed the College Algebra and Elementary Statistics tutorial sessions
- September 26, 2014 “From Sex and Beyond”: A Primer on Evolutionary Psychology
Julian Felipe Hall 309, De La Salle University-Dasmariñas, Cavite
*Learned about Evolutionary Psychology related research where Behavioral and Social Sciences meet
- September 24, 2014 1st International Conference in Psychology:
“Living Productively: Achieving Balance Holistically”
Ugnayang La Salle, De La Salle University-Dasmariñas, Cavite
*Learned about Positive Psychology and Schizophrenia
- September 18, 2014 “Wellthy U”: Showcase of Talents
Francisco Barzaga Multipurpose Hall, De La Salle University-Dasmariñas, Cavite
*Contributed and participated to the campaign on healthy living
- September 15, 2014 “Forum on Student Discipline”
Tanghalang Julian Felipe, De La Salle University-Dasmariñas, Cavite
*Learned about the collective efforts for discipline to be instilled
- August 8 – 9, 2014 “LIDERAL 2014: Working Together towards Excellence”
Bungad Biluso, Silang, Cavite
*Co-project headed the said Leadership Training Seminar for both student

leaders and non-student leaders in the College of Liberal Arts and Communication

- May 2 – 5, 2014 “Team One: COMPLETE” Elevate National 3-day Camp
Camp Benjamin, Cavite
*Learned about the essence of camaraderie through united spiritual purpose and identity
- May 9 – 12, 2014 “THROWBACK High School Summer Camp”
Rizal Recreation Center, Laguna
*Taught and facilitated a focused group discussion for every session
- April 25 – 27, 2014 “Ninoy and Cory Aquino Leadership Journey”
Retreat and Conference Center, De La Salle University-Dasmariñas, Cavite
*Learned about the essence of spiritual life in life journey
- March 21, 2014 AIESEC: International Youth Leaders Conference 2014
Samsung Hall, SM Aura, Taguig
*Learned about ideas on goals inclined in media, politics, business, and etc.
- November 13, 2013 “A Glance at Adulthood”
Severino De Las Alas, De La Salle University-Dasmariñas, Cavite
*Learned about the Psychological development of people
- September 21–22, 2013 “Journey to the Inner-self Series: Internal Communication”
Retreat and Recollection Center, De La Salle University-Dasmariñas, Cavite
*Learned the concept of “*pakiramdam*”, the relevance of Powel Levels of Communication in Psychology, and the skill of active listening in our psychological practice
- April 26 – 29, 2013 “ENCOUNTERFEST 2013”
Rizal Recreation Center, Laguna
*Taught and facilitated a focused group discussion for every session
- October 27 – 30, 2012 “WIRED” Sembreak Camp
Rizal Recreation Center, Laguna
*Facilitated group discussion and supervised a group of girls for four days
- October 26 – 27, 2012 Worship Ministry Retreat
Rizal Recreation Center, Laguna
*Learned about the essence of singing and playing instruments for God as an act of worship
- October 12, 2012 “Peace at Work:Strengthening Working Communication Skills”
Julian Felipe Hall 311, De La Salle University-Dasmariñas, Cavite
*Learned the skills in communication to be effective Psychology professionals
- April 27 – 30, 2012 “ONE Summer Camp”
Rizal Recreation Center, Laguna

*Learned about fundamental doctrine of Christianity

June 27, 2012 “Fun, Fresh, Fierce: Freshmen Seminar 2012”
De La Salle University-Dasmariñas, Cavite
*Learned about the career paths for me in AB Psychology program

May 17, 2012 “Biblical Foundation 1”
Christ Commission Fellowship Alabang, Muntinlupa City
*Learned about the fundamental spiritual doctrines of Christianity

AWARDS/HONORS

2015 Best Research Presentation
“7th Incubation of Development Project Creators (IDPC) Field Program”
University of the Philippines, Diliman

2015 Best Entrepreneurial Project Proposal
“THE GAME CHANGERS”: A Youth Training Against Human Trafficking
Tagaytay Highlands, Tagaytay

2013 – 2014 Student Assistance Scholar 2nd Semester
De La Salle University-Dasmariñas

2013 – 2014 Academic Scholar 1st Semester
De La Salle University-Dasmariñas

2012 – 2013 Academic Scholar 1st and 2nd Semester
De La Salle University-Dasmariñas

2012 – 2013 Deans Lister 1st and 2nd Semester
De La Salle University-Dasmariñas

2012 First Place – Sikolohenyong: Tagisan ng Talino
De La Salle University-Dasmariñas

2012 First Place – Talas-Isip
Saint Francis Institute Learning and Business High School Inc.

2011 – 2012 Valedictorian
Saint Francis Institute Learning and Business High School Inc.

2010 Third Place – Essay Writing Contest
Saint Francis Institute Learning and Business High School Inc.

2010 First Place – Math Contest
Saint Francis Institute Learning and Business High School Inc.

2010 – 2011 First Honors
Saint Francis Institute Learning and Business High School Inc.

2009	Second Place – Math Olympiad Saint Francis Institute Learning and Business High School Inc.
2009 – 2010	First Honors Saint Francis Institute Learning and Business High School Inc.
2008	Second Place – Math Contest Saint Francis Institute Learning and Business High School Inc.
2008 – 2009	First Honors Saint Francis Institute Learning and Business High School Inc.

EXTRA CURRICULAR ACTIVITIES

2015 – 2016	President, University Student Council De La Salle University-Dasmariñas
2015 – 2016	Electoral Presidential Candidate, Samahan ng mga Estudyanteng Naninindigan para sa Tunay Na Reporma at Ordinansa (SENTRO) La Salle De La Salle University-Dasmariñas
2015 – 2016	Member, University Spiritual Formation Committee De La Salle University-Dasmariñas
2014 – 2015	Standard Bearer, Samahan ng mga Estudyanteng Naninindigan para sa Tunay na Reporma at Ordinansa (SENTRO) La Salle Political Party De La Salle University-Dasmariñas
2014	Student Counselor - CSCS, Student Wellness Center De La Salle University-Dasmariñas
2014 – 2015	Business Manager, College of Liberal Arts and Communication Student Council De La Salle University-Dasmariñas
2013 – 2014	Electoral “Business Manager” Candidate, Samahan ng mga Estudyanteng Naninindigan para sa Tunay Na Reporma at Ordinansa (SENTRO) La Salle De La Salle University-Dasmariñas
2013 – 2014	Member, Samahan ng mga Estudyanteng Naninindigan para sa Tunay na Reporma at Ordinansa (SENTRO) La Salle De La Salle University-Dasmariñas
2013 – 2014	DLSU-D Campus Ministry Co-head, Elevate Alabang Christ Commission Fellowship Alabang
2013 – 2014	Co-head, Elevate Alabang Prayer Ministry Christ Commission Fellowship Alabang
2013 – 2014	Member, DLSU-D Pre-law Society De La Salle University-Dasmariñas

2013 – 2014	Member, Circle of Student Assistance De La Salle University-Dasmariñas
2012 – 2014	Committee Member, DLSU-D Psychological Society De La Salle University-Dasmariñas
2012 – 2014	Discipleship Group Leader, Elevate Alabang Christ Commission Fellowship Alabang
2012 – 2013	Committee Member, Psychology Program Council De La Salle University-Dasmariñas
2011 – 2013	Member, Jzone Alabang Christ Commission Fellowship Alabang
2011 – 2012	Echo 1 st Lieutenant, Citizenship Advancement Training Saint Francis Institute Learning and Business High School Inc.

SPECIAL SKILLS

- Team player held positions in various organizations and worked hand-in-hand with organizing projects and activities
- Networking built and maintained networks inside and outside the university, particularly Non-Government Organizations (NGOs) for the youth
- Interpersonal Communication fluent in English and Filipino, occasionally speaks in public, persuades people to an idea and goal easily, diplomacy in handling differences, technical skills in writing communication letters because of seminars, trainings, and extra-curricular involvements
- English Language Proficient scored 860 in TOEIC, which falls under the category of Advanced Working Proficiency
- Problem-solving analyzed, drafted, and implemented needs and issue-based projects in 2 years of holding position in student council
- Planning and organization co-project headed most projects in student council activities, monitors progress, and delegates tasks
- Leadership and management headed and participated in various institutional and religious organizations
- Social Media Literacy co-created a viral campaign for school pride, underwent seminar workshops for handling social media campaigns and marketing

- Computer Literacy

frequently uses Microsoft office programs, search engines, and websites to organize and supervise personal and team tasks

REFERENCES

References could be provided upon request.